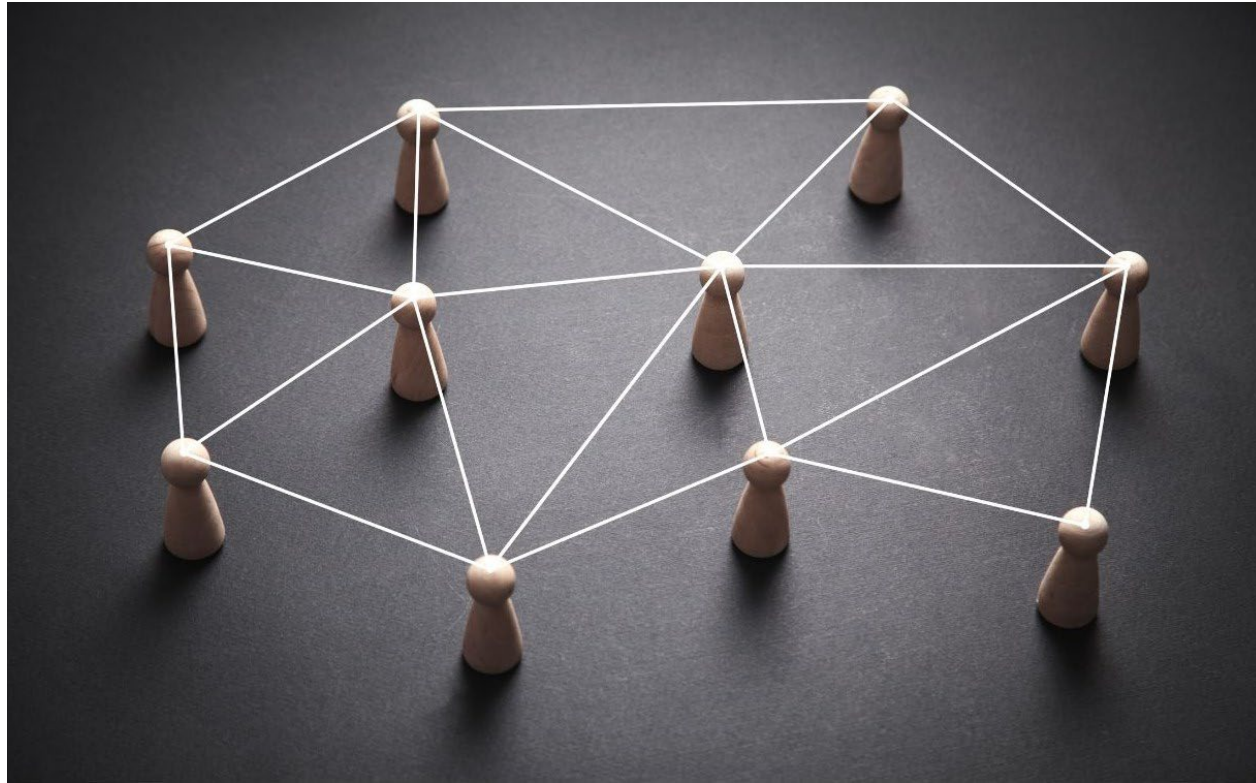


SAUK COUNTY



RESOURCE GUIDE



Extension

UNIVERSITY OF WISCONSIN-MADISON
SAUK COUNTY

Updated July 2024



An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements

HOTLINES FOR URGENT NEEDS

	Name / Contact Person	Contact Information	Website Information	Additional Information
	211 Wisconsin	Dial 2-1-1 or 877-947-2211	https://211wisconsin.communityos.org/	Connection to nonprofit & government services
	Alzheimer's Association Hotline	800-272-3900	http://www.alz.org/help-support/resources/helpline	
	Eating Disorders Helpline	888-375-7767	https://anad.org/get-help/eating-disorders-helpline/	
	Hope House of South Central Wisconsin	608-356-7500 or 800-584-6790	http://www.hopehousesw.org/	Domestic & sexual violence
	Human Trafficking Hotline	888-373-7888 TTY: 771	https://humantraffickinghotline.org/en	
	Boys Town National Hotline	800-448-3000	https://www.yourlifeyourvoice.org	Teen suicide prevention
	LGBT National Hotline	888-843-4564	https://lgbthotline.org	
	National Domestic Violence Hotline	800-799-7233	http://www.thehotline.org/	
	National Runaway Safeline	800-786-2929	https://www.1800runaway.org/	
	National Sexual Assault Hotline	800-656-4673	https://www.rainn.org/	
	National Council on Problem Gambling	800-522-4700	www.ncpgambling.org	
	Northwest Connections	800-552-6642		24-hr crisis line for emergency mental health services
	Sauk County Crisis Line	608-355-4200 1-800-533-5692		Call 800# after hours and weekends
	StrongHearts Native Helpline	1-844-762-8483	https://strongheartshelpline.org	Domestic & sexual violence helpline for Native Americans
	Substance Abuse & Mental Health Services Administration Helpline	1-800-662-4357 TTY: 1-800-487-4889	https://www.samhsa.gov/find-help/national-helpline	
	Suicide & Crisis Lifeline	988	https://988lifeline.org	
	Trevor Project Lifeline	1-866-488-7386		LGBTQ+ youth, suicide prevention
	Veterans Crisis Line	988, then press 1	https://www.veteranscrisisline.net	
	Wisconsin Farmer Wellness Helpline	1-888-901-2558	https://datcp.wi.gov/Pages/AgDevelopment/FarmerMentalHealthWellness.aspx	

Table of Contents

HOTLINES FOR URGENT NEEDS	2
ADDICTION SERVICES	5
AFTER SCHOOL CARE PROGRAMS	7
AGING RESOURCES	8
ALZHEIMER'S DISEASE & DEMENTIA	9
ANIMAL CARE & RESOURCES	10
AUTISM	10
BEREAVEMENT / GRIEF	11
BREAST FEEDING SUPPORT	11
CANCER SUPPORT	12
CHILDCARE/EARLY CHILDHOOD EDUCATION	13
CLOTHING	14
DENTAL SERVICES	14
DISABILITY RESOURCES	15
DOMESTIC VIOLENCE	16
EDUCATIONAL OPPORTUNITIES	16
ELDERLY CARE	18
EMERGENCY MANAGEMENT	20
EMPLOYMENT & JOB TRAINING	21
ENVIRONMENTAL HEALTH	22
FAMILY RESOURCES	23
FARMER STRESS & SUPPORT	25
FOOD PANTRIES	27
HEALTH CARE PROVIDERS	29

HEALTH INSURANCE	31
HIV / AIDS SERVICES	31
HOME HEALTH SERVICES	32
HOSPICE SERVICES	33
HOUSING AND RENTAL ASSISTANCE	34
HUMAN SERVICES	35
LEGAL HELP	36
MEDICAL HELP	37
MENTAL HEALTH & COUNSELING SERVICES	38
PARENTING	40
PREGNANCY RESOURCES	41
PRESCRIPTION MEDICATION ASSISTANCE	41
SCHOOL HEALTH INFORMATION / REFERRALS	42
SEXUAL ASSAULT	43
SMOKING CESSATION	43
SOCIAL SECURITY	44
ST. VINCENT DE PAUL	44
SUICIDE PREVENTION RESOURCES	45
TRANSPORTATION	46
UTILITIES	47
VETERANS	48

ADDICTION SERVICES			
Name / Contact Person	Contact Information	Website Information	Additional Information
Alcoholics Anonymous Meetings	608-222-8989 (South Central Wisconsin Office)	http://www.area75.org/page/home	Community support meetings for individuals recovering from alcohol addiction. Visit website for a listing of local meetings
Goodman's Behavioral Health Clinic 2213 East Main Street Reedsburg, WI 53959	608-768-4545 or goodmanbehavioralhealth@yahoo.com	http://goodmansbehavioralhealth.com	Outpatient mental health clinic
Help.org		https://www.help.org/drug-and-alcohol-rehab-centers-in-Wisconsin/	Offers a wide variety of information including rehab centers in WI
Narcotics Anonymous-Wisconsin Region	wrs@wisconsinna.org	http://wisconsinna.org/	Community support meetings for individuals recovering from narcotics addiction. Visit website for a listing of local meetings
Narcan Training Sauk County Health Department	608-355-3290 TDD: (608) 355-4298	https://www.co.sauk.wi.us/publichealth/new-e-learning-narcan%C2%AE-training-available-community-members	Teaches you how to identify the signs of opioid overdose and administer the opioid overdose reversal drug Naloxone
Pathway to Wellness Community Clinic 560 Fourth Street Prairie du Sac, WI 53578	608-643-3663	www.pathwaytowellnesscc.com	Outpatient mental health clinic Telehealth available
Pauquette Center Prairie du Sac, Baraboo, and Reedsburg		http://www.pauquette.com/	Outpatient mental health clinic
The Psychology Clinic 137 3 rd Avenue Baraboo, WI 53913 & 1190 Prairie Street Prairie du Sac, WI 53578	Baraboo: 608-448-2797 Prairie du Sac: 608-370-6551	https://www.thepsychologyclinicinc.com/	Outpatient mental health clinic

Sauk County Criminal Justice Coordinating Council Historic Courthouse 510 Oak Street Baraboo, WI 53913	608-355-4885 TDD: (608) 355-4298	https://www.co.sauk.wi.us/cjcc	Elected and senior justice system leaders that meet regularly to coordinate a response to local justice problems
Sauk County Human Services West Square Building 505 Broadway Baraboo, WI 53913	608-355-4200 TDD: (608) 355-4298	https://www.co.sauk.wi.us/humanservices/mental-health-and-recovery-services	Department that addresses concerns with abuse, neglect, and/ or support of vulnerable and dependent children and adults. Also provides access to public mental health services, community supports, drug treatment services, and economic/ income support services
Sauk County Medication Assisted Treatment (MAT) West Square Building 505 Broadway Baraboo, WI 53913	608-402-4312 TDD: (608) 355-4298	https://www.co.sauk.wi.us/humanservices/mental-health-and-recovery-services	Is the use of FDA-approved medications along with counseling, behavioral therapies, and social supports to provide a “whole person” treatment approach for those seeking help with a heroin, opioid, meth, or stimulant drug addiction
St. Vincent de Paul- Prairie du Sac	608-644-0504 ext. 12	www.stvdpsaukprairie.com/	Drug addiction related services are: CARE, Outpatient Addiction Program, John Adams Recovery Home
WisHope Recovery Community Center 717 South Blvd Baraboo, WI 53913	844-515-1444	https://wishope.org/baraboo-location	Drop-in center that offers non-clinical, recovery support services for substance use and co-occurring mental health disorders
Wisconsin Rural Opioid & Stimulant Engagement (WiROSE) Project		https://wirose.wisc.edu/	Provides training and assistance for rural communities to address opioid issues

AFTER SCHOOL CARE PROGRAMS

Name / Contact Person	Contact Information	Website Information	Additional Information
<p>Boys & Girls Club of West-Central WI Baraboo Club: 124 2nd Street Baraboo WI 53913</p> <p>Reedsburg Club: 300 Vine Street Reedsburg WI 53959</p>	<p>Baraboo: 608-355-2582</p> <p>Reedsburg: 608-504-2655</p>	<p>https://bgcwcw.org/</p>	<p>A national organization of local chapters which provide voluntary after-school programs for young people</p>
<p>Community Learning Center- Reedsburg School District Pineview elementary School 1121 8th Street Reedsburg, WI 53959</p>	<p>608-768-8932 ext. 2353</p>	<p>www.rsd.k12.wi.us/district/community-learning-center.cfm</p>	<p>An afterschool program for child, grades K-5, from 3:15 pm to 5:45 pm, Monday – Friday</p> <p>English as a Second Language programming and support services available</p>
<p>Kid Stop- Baraboo School District</p>	<p>608-355-3925 ext. 7150</p>	<p>www.baraboo.k12.wi.us/page/kid-stop</p>	<p>Check with your local school for location information</p> <p>Full Bilingual programs and support available. Site can be converted by google translate</p>
<p>River Valley Before & After School Program 660 West Daley Street Spring Green, WI 53588</p>	<p>608-588-2551</p>	<p>https://www.rvschools.org/family/before-afterschool.cfm</p>	<p>Please call for more information</p>

AGING RESOURCES				
	Name / Contact Person	Contact Information	Website Information	Additional Information
	Baraboo Area Senior Citizen Organization Baraboo Civic Center 124 2 nd Street Baraboo, WI 53913	608-356-8464 or booseniors@gmail.com	https://barabooseniors.org/	Provides a place where older adults can meet to pursue mutual interests and receive educational information
	National Family Caregiver Support Program: ADRC West Square Building 505 Broadway Baraboo, WI 53913	608-355-3290	https://www.co.sauk.wi.us/adrc/caregiver-resources	To assist families and other informal caregivers in caring for loved ones at home for as long as possible
	Sauk County Aging and Disability Resource Center West Square Building 505 Broadway Baraboo, WI 53913	608-355-3289 1-800-482-3710 TDD: (608) 355-4298	www.co.sauk.wi.us/adrc	Center that supports aging and differently abled citizens to pursue safe, healthy, active and supported lives in the community
	St. Vincent de Paul- Prairie du Sac 815 19 th Street Prairie du Sac, WI 53578	608-644-8905	www.stvdpsaukprairie.com/	Caring Tree program, My Neighbor in Need program, Neighborhood Based Assistance, Medical Loan Closet, Food Pantry

ALZHEIMER'S DISEASE & DEMENTIA

Name / Contact Person	Contact Information	Website Information	Additional Information
Alzheimer's & Dementia Alliance of WI	608-742-9055 1-888-308-6251	www.alzwisc.org	Provides information and resources regarding Alzheimer's Disease and related dementias and is dedicated to improving the lives of caregivers and others touched by dementia through engagement and empowerment
Alzheimer's & Dementia Caregiver Support Group	1-800-272-3900	www.alz.org/help-support/community	Community support to connect with other who have been impacted by Alzheimer's and truly understand
National Alzheimer's Association	1-800-272-3900	www.alz.org	Leading voluntary health organization in the care of and research regarding Alzheimer's Disease Site converts to Spanish and other languages
Project Lifesaver for Older Adults and Adults with Disabilities ADRC West Square Building 505 Broadway Baraboo, WI 53913	608-355-3289	https://www.co.sauk.wi.us/adrc/project-lifesaver	Assists in the tracking and locating of residents who may wander away from their home
Sauk County Aging & Disability Resource Center West Square Building 505 Broadway Baraboo, WI 53913	608-355-3289 1-800-482-3710 TDD: (608) 355-4298	www.co.sauk.wi.us/adrc	Center that supports aging and differently abled citizens to pursue safe, healthy, active and supported lives in the community
Sauk County Department of Human Services- Long-term Support Unit West Square Building 505 Broadway Baraboo, WI 53913	608-355-4200 1-800-533-5692 TDD: (608) 355-4298	www.co.sauk.wi.us/humanservices	Adult services care team that helps differently abled adults pursue safe, healthy and active lives within the community

ANIMAL CARE & RESOURCES

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Sauk County Humane Society	608-356-2520	https://saukhumane.org/	Offer services including pet food pantry, safe keeping program, low-cost spade/neuter program, 24/7 animal control services, etc

AUTISM

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Autism Society- South Central Wisconsin	608-630-9147 or info@autismsouthcentral.org	http://autismsouthcentral.org/	Advocacy, education and resources for those with Autism and their loved ones
	WEAP 1210 Fourier Drive, Suite 100 Madison, WI 53717	608.662.9327	www.wiautism.com	Wisconsin Early Autism Project (WEAP) treats children in Wisconsin as part of the LEARN Behavioral provider system Site converts to Spanish
	Imagine A Child's Capacity 128 E. Olin Avenue Madison, WI 53713	608-316-1141	www.icc-wi.org	Treats children with autism, and other behavioral health issues, within the community, to help them reach their highest potential
	Project Lifesaver for Children Sauk County Department of Human Services West Square Building 505 Broadway Baraboo, WI 53913	608-355-4200	www.co.sauk.wi.us/adrc/project-lifesaver	Assists in the tracking and locating of children who may wander away from their home

BEREAVEMENT / GRIEF

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Agrace Hospice Care	608-327-7118	https://www.agrace.org/grief-support	Grief support groups and education for adults and children, even if the deceased was not on hospice
	SSM Health at Home Grief & Bereavement	800-924-2273	https://www.ssmhealth.com//services/health-at-home/hospice-services/grief-bereavement	Grief support groups may be available for anyone in the community who has experienced loss, regardless of whether your loved one was our patient or not
	Reedsburg Area Medical Center 2000 North Dewey Avenue Reedsburg, WI 53959	608-524-6487	https://www.ramchealth.com/services/spiritual-care	Hospital and medical services Font is adaptable for Visual Impairments

BREAST FEEDING SUPPORT

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Reedsburg Area Medical Center 2000 N Dewey Avenue Reedsburg, WI 53959	608-768-6251 TTY: 608-643-7186	http://ramchealth.com/	Specially trained staff to provide assistance, answer questions and follow-up after discharge. Font is adaptable for Visual Impairments
	Sauk Prairie Healthcare 260 26th Street Prairie du Sac, WI 53578	608-643-3311	http://www.saukprairiehealthcare.org/	Breastfeeding classes available
	St. Clare Hospital 707 14th Street Baraboo, WI 53913	608-356-1400	http://www.ssmhealth.com	Breastfeeding classes available. Font is adaptable for Visual Impairments
	Women, Infants, & Children (WIC) West Square Building 505 Broadway Baraboo, WI 53913	608-355-3290	https://www.co.sauk.wi.us/publichealth/women-infant-children-wic	Breastfeeding education and support for low-income pregnant and breastfeeding women. Breastfeeding Peer Counselors available

CANCER SUPPORT

	Name / Contact Person	Contact Information	Website Information	Additional Information
	American Cancer Society in Wisconsin	1-800-227-2345	https://www.cancer.org/about-us/local/wisconsin	Cancer information and resources including transportation and lodging for treatment, information and advocacy
	Gilda's Club of Madison	608-828-8880 info@GildasClubMadison.org	https://gildasclubmadison.org/Get-Support/Virtual-Program-Offerings	Cancer support groups for the whole family
	Lynn's Legacy	608-355-3250	https://sauk.extension.wisc.edu/home-and-community-education-hce/	Personal care product bags for Sauk County residents receiving chemotherapy
	Reedsburg Area Medical Center 2000 N Dewey Avenue Reedsburg, WI 53959	608-768-3901	http://ramchealth.com/	Hospital and medical services Font is adaptable for Visual Impairments
	Sauk Prairie Healthcare 260 26th Street Prairie du Sac, WI 53578	608-643-3311	http://www.saukprairiehealthcare.org/	Hospital and clinic
	St. Clare Hospital 707 14th Street Baraboo, WI 53913	608-356-1400	http://www.ssmhealth.com	Outpatient general medical health center Font is adaptable for Visual Impairments

CHILDCARE/EARLY CHILDHOOD EDUCATION

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Baraboo Early Learning Cooperative	608-355-3905 ext. 5010	https://www.baraboo.k12.wi.us/o/baraboo4k/	The 4K program's goal is to lay the foundation for a successful school career
	BrightStar Care	608-355-5015	https://www.brightstarcare.com/baraboo/home-care/child-care-services	Childcare services
	Community Coordinated Child Care	608-271-9181	https://www.4-c.org/ http://4-c.force.com/referral	Provides childcare referral services Spanish translated documents and services available through 4C. Site translates into Spanish
	Ho-Chunk Nation Head Start (Neenk Chunk Gra)	608-254-4227	https://ho-chunknation.com/government/executive-branch/education/	Must meet qualifications as a member of the Ho-Chunk Nation Disability advocacy services available through the Ho-Chunk Nation to Nation members (715) 284-4915
	Sauk County Family Resource Center 1531 Lake Street Baraboo, WI 53913	608-356-3328 Fax: 608-356-6048	http://www.renewalunlimited.net/?page_id=87	Provide parent education, support as well as a place for families to connect, play and enjoy time together as well as with other families
	Sauk County Head Start, 0-5, Home Base, Birth to 3	Baraboo Head Start: 608-356-3323 Reedsburg Area Learning Center: 608-524-2700 Sauk Prairie Head Start: 608-643-2788	http://www.renewalunlimited.net/	See website for appropriate area office
	Sauk County Human Services- Birth to Three West Square Building 505 Broadway Baraboo, WI 53913	608-355-4200	https://www.co.sauk.wi.us/human-services/birth-three	Early intervention services for children in infancy up to age three to help them reach appropriate developmental milestones
	Wisconsin Shares	1-888-794-5556	https://www.access.wisconsin.gov	Helps low-income working families with children under the age of 13 pay for childcare

CLOTHING

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Neighborly Free Store First United Methodist Church 6115 Broadway Baraboo, WI 53913	608-356-3991	http://barabooumc.org/neighborly-free-store	Free Community Clothing Store
	Living Hope Church	608-356-7979	https://www.livinghc.org/	Provides women and children's clothing at no charge
	My Neighbor In Need Program	608-643-8905	https://www.myneighborinneed.org/locations/sauk-prairie/	Leave a message with your name, address, and a phone number and a volunteer will call you to help you with your need
	6:8 Swaps 821 Industrial Rd Sauk City, WI 53583	608-561-8468	https://www.makingservicepersonal.org/programs-services	Donate and shop for free, gently used clothing

DENTAL SERVICES

	Name / Contact Person	Contact Information	Website Information	Additional Information
	House of Wellness	608-355-1240	http://www.ho-chunknation.com/	Provides services to any federally recognized tribal members and qualified Ho Chunk Nation employees
	Sauk County Public Health Department West Square Building 505 Broadway Baraboo, WI 53913	608-355-3290 TDD: (608) 355-4298	www.co.sauk.wi.us/publichealth/seal-smile-dental-program	Fluoride program, Seal-A-Smile program, Complete list of dental resources
	St. Vincent de Paul Dental Clinic St Vincent de Paul Resource Center 1906 North Street Prairie du Sac, WI 53578	608-644-0504 ext. 10	https://www.freedentalcare.us/li/st-vincent-de-paul-dental-clinic	Offers basic dental services

DISABILITY RESOURCES

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Aging and Disability Resource Center (ADRC) West Square Building 505 Broadway Baraboo, WI 53913	608-355-3289 TDD: (608) 355-4298	https://www.co.sauk.wi.us/adrc	To assist families and other informal caregivers in caring for loved ones at home for as long as possible
	BrightStar Care 507 Linn Street, Suite B Baraboo, WI 53913	608-355-5015	http://www.brightstarcare.com/baraboo/	In-home care company
	Department of Vocational Rehabilitation Sauk County Job Center West Square Building 505 Broadway Baraboo, WI 53913	608-355-3149	https://dwd.wisconsin.gov/dvr/	Obtains, maintains, and advances employment for people who are differently abled DWD Website
	State of Wisconsin Office for the Deaf and Hard of Hearing	855-359-5252	https://www.dhs.wisconsin.gov/odhh/index.htm	Information and referral services tailored to the unique needs of Deaf, Deaf-Blind or Hard of Hearing residents Resource link is available in multiple languages, but will need interpreter help to access
	VARC Inc. 220 Wengel Drive Reedsburg, WI 53959	608-524-3716	http://www.varcinc.com/	Provides customized contract assembly and packaging work for the advancement of persons with varying abilities
	Sauk County Office of Blind/Visually Impaired	1-800-879-0017	https://www.dhs.wisconsin.gov/blind/contact.htm#contract	Regional rehabilitation specialist that covers the local county to provide resources, education, and outreach
	WisconSibs	920-968-1742	https://wisconsibs.org	Supports sisters and brothers of people with disabilities. Serves young siblings, adult siblings, parents, and professionals
	Wisconsin Council of the Blind	1-800-783-5213	https://wcblind.org/	Provides advocacy, education, and vision services for the blind
	Disability Rights Wisconsin	1-800-928-8778	https://disabilityrightswi.org	Staff attorneys, advocates and investigators assist people with disabilities address discrimination

DOMESTIC VIOLENCE

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Hope House of South-Central Wisconsin	608-356-9123 1-800-584-6790 Toll-Free 24/7 Confidential Helpline	http://www.hopehousescw.org/	Domestic violence shelter and survivor resource center Site translates to Spanish
	Room to Be Safe 400 N. Richmond Street Appleton, WI 54911	414-856-5428 Call or text	https://www.roomtobesafe.org	Anit-violence program serving LGBTQ survivors of violence (intimate partner, sexual, hate, bullying) throughout Wisconsin. Advocates available Monday through Friday.

EDUCATIONAL OPPORTUNITIES

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Baraboo Area Literacy Council Baraboo Public Library 230 4 th Avenue Baraboo, WI 53913	608-356-6166 boolit@barabooliteracy.org	http://www.barabooliteracy.org/	Recruits and tutors adults in basic reading and writing and provides support for those with English as a second language
	Inspire Literacy Tutoring Program GraceWay Church 65 13 th Street Prairie du Sac, WI 53578	(608)643-6064	https://gracewaysaukprairie.org/connection/inspire-literacy-program	Trained reading tutors provide individual instruction for people who struggle to read English proficiently. No age limits
	Kids Ranch	608-393-1037	https://www.thekidsranch.org/	Serving youth in Baraboo, Reedsburg, Sauk Prairie and Wisconsin Dells school districts
	Madison Technical College	1-800-322-6282 608-246-6100 Relay: 711	https://madisoncollege.edu/ged-hsed-testing	GED, ESL, and Continuing Education opportunities Site translates to Hmong and Spanish

Sauk Prairie Area Literacy Council Ruth Culver Community Library 540 Water Street Prairie du Sac, WI 53578	608-643-8318	http://www.saukprairieliteracy.org/	Recruits and tutors adults in basic reading and writing and provides support for those with English as a second language Sites uses google translate
Vine Street GEDO-2 Program Reedsburg School District	608-415-7524	https://www.rsd.k12.wi.us/schools/high/programs/vine-street-ged-program.cfm	In partnership with Reedsburg School District Full ESL program and support services available through the school
University of Wisconsin Platteville Baraboo Campus 1006 Connie Road Baraboo, WI 53913	608-355-5220	https://www.uwplatt.edu/department/continuing-education-institute	Earn an associate degree and transfer to any four year school or take any specific class to advance your career or learn new skills
Wisconsin Dells Literacy Council	608-254-2146	http://www.dellslibrary.org/	Recruits and tutors adults in basic reading and writing and provides support for those with English as a second language
University of Wisconsin Sauk County Extension	608-355-3250	https://sauk.extension.wisc.edu	Connects community members with the University. Programs in community development, agriculture, horticulture, youth development, nutrition, health & well-being available

ELDERLY CARE

Name / Contact Person	Contact Information	Website Information	Additional Information
Aging & Disability Resource Center: Sauk County	608-355-3289	https://www.co.sauk.wi.us/adrc	To assist families and other informal caregivers in caring for loved ones at home for as long as possible
Artisan Senior Living Baraboo	608-356-4837	http://www.artisanseniorliving.com/	Assisted living facility
Casa de Oakes, Reedsburg	608-524-9876	http://www.casadeoakes.com/	Assisted living facility
Greenbriar in Baraboo	608-356-9213		Nursing Home
Greenway Manor in Spring Green	608-588-2586	http://greenwaymanor.com/	Skilled nursing facility
Greenway Terrace Assisted Living in Spring Green	608-588-2586	http://greenwayterrace.com	Assisted living facility
Maplewood of Sauk Prairie-Health and Rehabilitation Center	608-643-3383	http://www.maplewoodsaukprairie.com/	Nursing home
Maplewood Village Assisted Living- Sauk Prairie	608-643-8494		Assisted living facility
Meadow Ridge Assisted Living in Baraboo	608-356-8770	http://meadowridgebaraboo.com/	Assisted living facility
Meadow View Memory Care in Baraboo	608-356-2944		Supported living option
Meadows Assisted Living and Memory Care in Spring Green	608-588-2101	http://meadowsspringgreen.com/	Assisted living facility
My Neighbor in Need Program	608-644-0504 Ext. 18	https://www.co.sauk.wi.us/publichealth/my-neighbor-need-program	Leave a message with your name, address, and a phone number and a volunteer will call you to help you
National Long-Term Care Ombudsman Resource Center	608-246-7014	http://ltcombudsman.org/	Wisconsin State Ombudsman Program Madison office information provided
Oak Park Place Baraboo	608-355-4111	http://oakparkplace.com/	Assisted living facility
Our House Assisted Living in Baraboo	608-355-2344	http://ourhousesl.com/	Assisted living facility
Our House Senior Living in Reedsburg	608-524-1321	http://ourhousesl.com/	Assisted living facility

Pine Villa Memory Care in Prairie du Sac	608-643-7343		Assisted living facility
Pines Assisted Living in Sauk City	608-643-5433	http://pinesprairiedusac.com/the-pines-assisted-living-home/	Assisted living facility
Reedsburg Area Senior Life Center	608-524-6577	http://ramchealth.com/ramc-family/reedsburg-area-senior-life-center/	Long term care unit and assisted living facility
Sauk County Health Care Center	608-524-7500	https://www.co.sauk.wi.us/healthcarecenter	Provides high quality health care to Sauk County residents
Senior Resources Online	262-253-0901	http://www.seniorresourcesonline.com/	Find the right senior services in Wisconsin near you
St Clare Hospital Golden Care	608-356-1407		Medical Alert Systems- Ask for Dee Dee Heath
SSM Health St. Clare Meadows Care Center Baraboo, WI 53913	608-356-4838	St. Clare Meadows Care Center Baraboo, WI SSM Health	Skilled nursing facility
Zimmerman Nursing Home in Reedsburg	608-524-3664 zimmerbee@yahoo.com		Nursing home

EMERGENCY MANAGEMENT

Name / Contact Person	Contact Information	Website Information	Additional Information
American Red Cross	608-232-5819 1-800-733-2767	https://www.redcross.org/local/wisconsin https://www.redcross.org/get-help/disaster-relief-and-recovery-services.html	National organization that provides aid and support to communities affected by disaster Site translates to Spanish
Salvation Army	1-800-264-6412	https://www.salvationarmyusa.org/usn/	International Christian organization that helps individuals in need through fellowship and outreach to prevent them falling deeper into hunger and poverty
Sauk County Emergency Management 510 Broadway Street Baraboo, WI 53913	608-355-3200	https://www.co.sauk.wi.us/emergencymanagement	Senior government officials who direct the organization of support and outreach to the community during times of crisis and disaster to protect local citizens, disperse aid, and direct infrastructure responses

EMPLOYMENT & JOB TRAINING

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Food Share Employment and Training (FSET) 414 Broadway St, Suite 201A Baraboo, WI 53913	608-448-3814	http://www.fsc-corp.org/	Free program that helps FoodShare members build their job skills and find jobs
	People Helping People 805 Broadway Baraboo, WI 53913	608-434-0002	https://phpofwisconsin.org	Personal mentoring and free career training to unemployed adults.
	Renewal Unlimited	608-742-5329	http://www.renewalunlimited.net/	Non-profit community service agency that helps adults with employment, education and training opportunities through the Fresh Start/ YouthBuild Program
	Sauk County Job Center West Square Building 505 Broadway Baraboo, WI 53913	608-355-4810	https://jobcenterofwisconsin.com/	Job service assistance is available, including registration, resumes, cover letters, job applications and unemployment benefits DWD Website
	SER (Service, Employment, Redevelopment) National 101 Nob Hill Road Madison, WI 53713	608-286-1059	http://ser-national.org/	Training & employment for older adults (55 and over) who qualify
	South Central Wisconsin Job Centers	608-355-4810 Relay: 711	https://www.scwijobs.com/	Online place for job seekers to access job opportunities that employers have listed with Job Centers throughout the State of WI
	Wisconsin Department of Workforce Development	608-266-3131	https://dwd.wisconsin.gov	Find out how to access unemployment insurance, disability employment services, worker's compensation, equal rights and migrant & seasonal farm worker services
	Wisconsin Works (W2) 414 Broadway St, Suite 201A Baraboo, WI 53913	608-448-3814	http://www.fsc-corp.org/	Wisconsin's primary TANF program. Seeks to provide the necessary training, supportive services and financial incentives for low-income parents to obtain employment. Must apply at kiosk
	Worksmart Network 505 Broadway Baraboo, WI 53913	608-355-4810 Relay 711 or TTY: 1-800-947-3529	http://www.worksmartnetwork.org/	One-stop site for job seeker, worker and business services and resources Telephone translation of documents is available by calling (608) 288-2459 and selecting the language of your choice

ENVIRONMENTAL HEALTH

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Sauk County Public Health Department West Square Building 505 Broadway Baraboo, WI 53913	608-355-3290	https://www.co.sauk.wi.us/environmental-health	Licensing & inspection services for food establishments, lodging facilities, recreation, and environmental health information and services regarding air, water, animals & other hazards

FAMILY RESOURCES

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Families Come First: Sauk County Human Services https://www.co.sauk.wi.us/sites/default/files/fileattachments/human_services/page/1870/fcf_brochure.pdf	608-355-4200 TDD: (608) 355-4298	https://www.co.sauk.wi.us/humanservices/team-basedwraparound-services-youth-and-families	Wrap around services for youth and their families who are struggling with serious emotional, behavioral and mental health substance use needs
	Happy Kids Network Wisconsin Dells Schools	wdfits@gmail.com	https://www.sdwd.k12.wi.us/community/happy-kids-network	Open to Wisconsin Dells School District families. Provides food, school supplies, clothing, and other services
	MOPS (Mothers of Preschoolers)		https://www.mops.org/	Community support group for mothers of young children. Internationally organized through churches and communities. Visit website for local contact details. Multiple locations in Reedsburg and Baraboo Site available in multiple languages, global access and online connect to support
	Reedsburg Area Helping Hands Reedsburgareahelpinghands@gmail.com	608-524-2522 or 608-963-8302	https://www.reedsburgareahelpinghands.org/	Supports families in the Reedsburg School District by providing necessities for their children
	Sauk County Children's Giving Tree saukcountychildrensgivingtree@gmail.com	608-963-3304	http://saukcountychildrensgivingtree.org/	Provides gifts for teen parents and their young children at Christmas, back to school, during spring break and on an emergency need basis
	Sauk Prairie Caring Tree 815 19th Street Prairie du Sac, WI 53578	608-643-8905		Applications available at St Vincent de Paul
	Sauk County Health Department West Square Building	608-355-3290	https://www.co.sauk.wi.us/publichealth	Health services for families including car seat safety checks, immunizations and information on

505 Broadway Baraboo, WI 53913			pregnancy, childcare and reproductive health
Wisconsin Dells Kops for Kids	608-254-7571	https://www.wdkopsforkids.com/	Provides a variety of resources for youth and their families.
Sauk Prairie Caring Tree 815 19th Street Prairie du Sac, WI 53578	608-643-8905	https://www.stvdpsaukprairie.com/caring-tree	Applications available at St Vincent de Paul
Wisconsin Family Ties	1-800-422-7145	www.wifamilyties.org	Programs and services to support families that include children with social, emotional and behavioral challenges
United Migrant Opportunity Services (UMOS)	474-389-6000 or 1-800-279-8667	https://www.umos.org	Provides child development, workforce development and other social services for migrant and seasonal farm workers

FARMER STRESS & SUPPORT

	Name / Contact Person	Contact Information	Website Information/ Location	Additional Information
	Cover Wisconsin	608-261-1455	https://www.coveringwi.org/	<p>Comprehensive health insurance and assistance program listings</p> <p>Site provides an option to request services in multiple languages, but interpreter may be needed to action this request</p>
	Extension Sauk County West Square Building, 505 Broadway Baraboo, WI 53913	608-355-3250	https://sauk.extension.wisc.edu	Access to Sauk County Agriculture Educator, Health & Well-Being Educator, as well as UW Extension Specialists and Resources
	Farm Rescue	701-252-2017	farmrescue.org	Provides planting, harvesting, commodity hauling and livestock feeding assistance to farm families that have experienced major injury, illness or natural disaster (begins 7-1-2024)
	Farmer Angel Network	farmerangelnetwork@gmail.com	https://www.facebook.com/Farmer-Angel-Network-103755350973375	Sauk County farm and community outreach partnership that provides support to local individuals and families struggle with the stress of farming and wanting information, fellowship and connection to others who can listen, help and support
	Farmer Wellness Hotline	1-888-901-2558 TDD: 608-224-5058	https://datcp.wi.gov/Pages/Growing_WI/FarmerMentalHealthWellness.aspx	<p>24/7 hotline free support for farmers struggling with suicidal thoughts, depression, and anxiety</p> <p>Free language assistance available upon request</p>
	Resilient Farms, Families, & Businesses		https://farms.extension.wisc.edu/farmstress/	UW Extension Website: Helps farmers, families, businesses and communities remain resilient by learning how to manage stress and use planning tools to make sound decisions and create a road-map for the future

	Sauk County Crisis Line	1-800-533-5692 After hours & Weekends 608-355-4200 8:00 am – 4:30 pm		To seek help in times of mental health crisis; Use the 1-800 phone line from 4:30 pm – 8:00 am and on Weekends. Use the 608-355-4200 line from Monday – Friday, 8:00 am – 4: 30 pm
	Wisconsin Farm Center (DATCP)	1-800-942-2474 TDD: 608-224-5058	https://datcp.wi.gov/Pages/Growing_WI/FarmCenterOverview.aspx	State of Wisconsin farm resource center that helps farmers in need with in variety of areas from financial, business planning, to health and well-being Free language assistance available upon request
	Wisconsin Harvest of Hope	608-836-1455 ext.8	https://wfbf.com/general-agriculture/harvest-of-hope-a-resource-for-wisconsin-farm-families/	Financial assistance and hope to address farm financial problems

FOOD PANTRIES

	Name / Contact Person	Contact Information	Website Information/ Location	Additional Information
	Baraboo Area- St. Vincent De Paul 100 South Street Baraboo, WI 53913	608-356-4649	https://www.baraboofoodpantry.org	Open to Baraboo School District residents only
	Beyond Blessed Food Pantry 1515 Walnut Street Baraboo, WI, 53913	608-844-0052	https://www.bbpantry.org/	Food pantry serving WI Dells, Lake Delton, Baraboo and Reedsburg areas
	Central Wisconsin Community Action Council 1000 Hwy 13 Wisconsin Dells, WI, 53965	608-697-4612		Not for profit organization offering short term aid, referral and support those in need
	Happy Kids Network Wisconsin Dells High School 520 Race Street Wisconsin Dells 53965	608-963-5688	https://www.sdwd.k12.wi.us/community/happy-kids-network	Serving residents of the Wisconsin Dells School District
	Lone Rock Community Food Pantry 222 West Pearl Street Lone Rock, WI 53556	608-583-2091		Former Lone Rock Elementary School
	Reedsburg Food Pantry 134 South Locust Street Reedsburg, WI 53959	608-524-6272		Open to Reedsburg/ Weston School District residents only
	Reedsburg: St. John Evangelical Lutheran Church Food Pantry 307 6th Street Reedsburg, WI 53959	608-524-4516 ext. 4		Open to Reedsburg/ Weston School District residents only
	Sauk Prairie Area Food Pantry 821 Industry Road Sauk City, WI 53583	608-571-7737	https://spfoodpantry.org	Open to Sauk Prairie School District residents only
	Second Harvest Foodbank Mobile Pantry VFW 200 Veterans Drive Reedsburg, WI 53959	1-877-366-3635		January to March drive is located at the Veterans of Foreign Wars building (VFW)

	Sacred Heart Catholic Church, 624 North Willow Reedsburg, WI 53959			April to December drive is located at the Sacred Heart Catholic Church
	Spring Green Community Food Pantry 151 East Bossard Street Spring Green, WI 53588	608-459-5512	http://www.communityfoodpantryofspringgreen.org	Spring Green community church, open to all

HEALTH CARE PROVIDERS

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Baraboo Internal Medicine	608-356-2145		Medical group practice in Baraboo specializing in internal medicine
	Dean Clinic- Lake Delton, Integrative Medicine	608-254-5400		Health clinic/ Medical center
	Delton Family Medical Center	608-254-5888	http://www.milebluff.com/our-facilities/delton-family-medical-center.html	Health clinic/ Medical center
	Good Neighbor Clinic-Sauk Prairie Healthcare	608-643-4749	https://goodneighborclinic.org/	Health clinic/ Medical center Site available in multiple languages. Interpreters available during visit.
	Health First Reproductive Health Clinic 509 Hitchcock St Baraboo, WI 53913	800-246-5743	www.healthfirstnetwork.org/	Specialist health center for reproductive health care, education and nutrition counseling Site available in Spanish
	House of Wellness	608-355-1251		Health clinic/ Medical center. Serves federally recognized Ho-Chunk Nation tribal members.
	Medical Associates of Baraboo	608-355-3800		Health clinic/ Medical center
	Plain Medical Clinic -Sauk Prairie Healthcare	608-546-4211 TTY: 608-643-7186	http://www.saukprairiehealthcare.org/Clinic-Details/location/Plain-Clinic	Health clinic/ Medical center Site available in multiple languages
	Prairie Clinic, S.C.	608-643-3351	http://www.prairieclinic.com/	Health clinic/ Medical center Site available in Spanish, but may need interpreter to select this option
	Reedsburg Area Medical Center	608-524-6487	https://ramchealth.com/	Health clinic/ Medical center Font is adjustable for Vision Impairment
	Reedsburg Physicians Group	608-524-6477	https://ramchealth.com/our-services/physicians-group-services/	Health clinic/ Medical center Font is adjustable for Vision Impairment

River Valley Clinic- Sauk Prairie Healthcare	608-588-2502 TTY: 608-643-7186	http://www.saukprairiehealthcare.org/clinic-details/location/river-valley-clinic	Health clinic/ Medical center Site available in multiple languages
Sauk Prairie Healthcare	608-643-3311 TTY: 608-643-7186	http://www.saukprairiehealthcare.org/	Health clinic/ Medical center Site available in multiple languages
Spring Green Medical Center	608-588-7413	http://www.richlandhospital.com/home/spring-green-medical-center/	Health clinic/ Medical center
SSM Health Dean Medical Group of Baraboo	608-355-3800		Health clinic/ Medical center
SSM Health Dean Medical Group of Prairie du Sac	608-643-7899		Health clinic/ Medical center
SSM Health Dean Medical Group of Wisconsin Dells	608-253-1171		Health clinic/ Medical center
SSM Health Urgent Care of Wisconsin Dells	608-254-5959	http://www.ssmhealth.com/services/urgent-care-express-clinics	Health clinic/ Medical center
St. Clare Center of Baraboo	608-356-1533	http://www.ssmhealth.com	Health clinic/ Medical center Font is adjustable for Vision Impairment
Upland Hills Health Spring Green Clinic	608-588-2600 TDD: 608-930-0008	http://www.uplandhillshealth.org/	Health clinic/ Medical center Site is available in multiple languages
VA Baraboo Outpatient Clinic	608-356-9318 TTY: 711	https://www.madison.va.gov/locations/baraboo.asp	Specialist health center for Veterans Site available in multiple languages
Worksite Wellness Center 223 E Main Street Reedsburg, WI 53959	608-768-3333	http://www.wwccares.com	Cash based family practice clinic that provides quality health care

HEALTH INSURANCE

	Name / Contact Person	Contact Information	Website Information	Additional Information
	BadgerCare+ Capital Consortium	1-888-794-5556 www.access.wi.gov	https://www.dhs.wisconsin.gov/badgercareplus/index.htm	Public health care coverage for those who are income eligible due to being income insecure or a dependent. Visit website to apply
	Marketplace Healthcare	1-800-318-2596	www.healthcare.gov	Health insurance plans based on income
	Medicare - Aging & Disability Resource Center West Square Building 505 Broadway Baraboo, WI 53913	608-355-3289	https://www.co.sauk.wi.us	Assistance for residents aged 60 and over with applying for Disability, Medicare, Medicaid, Prescription Drug Coverage, Social Security and SSI

HIV / AIDS SERVICES

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Wisconsin AIDS Hotline	340-774-9000 800-232-4636		Live agents by phone to help find the latest, reliable, and science-based health information
	Wisconsin HIV Program 1 West Wilson Street Madison, WI 53703	608-266-1865 TTY: 711 or 800-947-3529	https://www.dhs.wisconsin.gov/hiv/index.htm	Lead agency in WI government responsible for coordinating the state's public health response to the HIV epidemic Site available in multiple languages
	HIV / AIDS & STD Hotline	800-243-2437 800-AID-AIDS		To get answers to questions or access resources related to HIV or AIDS treatment or clinical trials, contact the hotline
	Sauk County Health Department West Square Building 505 Broadway Baraboo, WI 53913	608-355-3290	https://www.co.sauk.wi.us/publichealth	Detection, surveillance, and control of sexually transmitted infections (STIs) and other communicable diseases.

HOME HEALTH SERVICES

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Age at Home by Agrace	608-327-7456	https://www.ageathome.org/	Helps seniors live independently as they age
	BrightStar Care Baraboo	608-355-5015	http://www.brightstarcare.com/baraboo/	Delivers in-home care for a senior adult's personal medical needs
	SSM Health at Home	800-924-2273	www.ssmhealth.com/health-at-home	Provides a full range of medical equipment and supplies through retail locations throughout southern Wisconsin Font is adjustable for Vision Impairment
	Home Instead of Senior Care Baraboo 1111 8th Street Baraboo, WI 53913	608-355-5014	https://www.homeinstead.com/	A reliable source of home care for seniors in Wisconsin
	Recover Health	608-356-7570	https://www.recoverhealth.org/locations/baraboo-wi/	Home health agency Site is available in multiple languages
	REM Health of Wisconsin- Baraboo 414 Broadway Baraboo, WI 53913	608-356-7570		Occupational services provider to persons with intellectual and developmental disabilities

HOSPICE SERVICES

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Agrace Hospice Care 1670 South Blvd Baraboo, WI 53913	800-553-4289	https://www.agrace.org/	Personal care, supportive care, hospice care and grief support organization Site translates into other languages Information available in Spanish
	Homeward Bound of Sauk County 1360 Jefferson Street Baraboo, WI 53913	608-356-4666	http://hwbcare.com/contact/	Home care and skilled home health services
	SSM Health at Home	800-924-2273	https://www.ssmhealth.com/health-at-home	Home care and skilled home health services Language assistance service available. Font adapts for vision needs
	St. Clare Hospice House 915 12th St Baraboo, WI 53913	877-356-4514	https://www.ssmhealth.com/locations/location-details/hospice-house	Comfort care to persons in the last stages of life who are no longer seeking or receiving curative treatment Language assistance service available. Font adapts for vision needs

HOUSING AND RENTAL ASSISTANCE

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Baraboo Area Homeless Shelter 1200 Silver Circle Baraboo, WI 53913	608-356-3069	https://pathwayhomewi.org	Creates a safe, financially responsible shelter focusing on recovery for the whole person
	Central Wisconsin Community Action Council 1000 State Hwy 13 Wisconsin Dells, WI 53965	608-254-8353 or 608-355-4812	http://cwcac.org/	Provides a range of community resources related to housing stability, including access to housing, renters and buyers information, job seekers information, and financial skill building information
	Forward Services Corporation Emergency Assistance 414 Broadway St, Suite 201A Baraboo, WI 53913	608-448-3814 1-800-771-8420	http://www.fsc-corp.org https://dcf.wisconsin.gov/ea	A one-time payment that can help low-income parents pay an emergency housing or utility related expense
	Foundation for Rural Housing	(608)238-3448 1-888-400-5974	https://www.wisconsinruralhousing.org	Assists very low-income rural Wisconsin residents at risk of homelessness
	Habitat for Humanity of the Wisconsin River Area ReStore 615 South Blvd Baraboo, WI 53913	608-356-0332	https://www.hfhrestorewisconsinriver.org/	Accept donations and sell a constantly changing inventory to the public at a fraction of the price in order to divert reusable household items and building materials from area landfills
	Hope House of South-Central Wisconsin 720 Ash Street Baraboo, WI 53913	608-356-9123	http://www.hopehousesw.org/	Domestic violence shelter and survivor resources center Site translates to Spanish
	Renewal Unlimited, Inc.	608-742-5329	http://www.renewalunlimited.net/	Non-profit community service agency that helps adults with employment, education and training opportunities through the Fresh Start/ YouthBuild Program
	Sauk County Community Development Block Grant for Housing Rehabilitation	608-355-3273	https://www.co.sauk.wi.us/countyadministration/community-development-block-grant-housing-rehabilitation	Funds will be loaned at 0% interest to eligible households for home repairs. Applications are accepted on a first come, first served basis

Sauk County Housing Authority 1211 8th Street Baraboo, WI 53913	608-356-3986	http://www.saukcountyha.org/	Provides decent, safe and sanitary housing for those whose financial or other situations indicated a need for support
St. Vincent de Paul- Baraboo 100 South Blvd Baraboo, WI 53913	608-356-4649	http://www.svdpusa.org/	Catholic organization dedicated to helping neighbors in need by eliminating hunger and poverty through outreach and education programs
St. Vincent de Paul- Sauk Prairie 815 19th Street Prairie du Sac, WI 53578	608-643-8905	http://stvdpsaukprairie.com/	Catholic organization dedicated to helping neighbors in need by eliminating hunger and poverty through outreach and education programs
USDA Single Family Housing Programs		https://www.rd.usda.gov/programs-services/single-family-housing-programs	Programs to buy, build, or repair affordable homes in RURAL areas. Eligibility based on income
US Department of Housing and Urban Development	800-225-5342 TTY: 202-708-1455	https://www.hud.gov/topics/rental_assistance	National department that administers programs that provide housing and community development assistance PDF Reader available
Wisconsin Department of Agriculture, Trade, and Consumer Protection (DATCP)	800-422-7128 TDD: 608-224-5058	https://datcp.wi.gov/Pages/Homepage.aspx	Helps with mediation of landlord/tenant complaints Site can be translated into other languages
Wisconsin Housing and Economic Development Authority	1-800-334-6873	https://wheda.com	Low-cost financing programs to buy or improve your home. Also, rental assistance resources

HUMAN SERVICES

Name / Contact Person	Contact Information	Website Information	Additional Information
Sauk County Human Services West Square Building 505 Broadway Baraboo, WI 53913	608-355-4200 1-800-533-5692 Weekend & After hours	https://www.co.sauk.wi.us/humanservices	Concerns with abuse, neglect, and/ or support of vulnerable and dependent children and adults. Access to public mental health services, community supports, drug treatment services, and economic/ income support service

LEGAL HELP

Name / Contact Person	Contact Information	Website Information	Additional Information
Legal Action of Wisconsin (LAW)	855-947-2529	http://www.legalaction.org/	Provides free legal services to low-income people who are denied justice Site available in multiple languages
Rise Law Center 1400 E. Washington Ave., Suite 262 Madison, WI 53703	608-256-1015	https://riselawcenter.org	Immigration legal services. Languages: English, Spanish, Arabic and Portuguese. Free & low-cost services available
State of Wisconsin Public Defender 107 3rd St Baraboo, WI 53913	608-355-3180	http://www.wisprd.gov	Represents client's constitutional rights and advocates for an effective and fair criminal justice system
Sauk County Child Support Sauk County Courthouse 515 Oak St., 2 nd Floor Baraboo, WI 53913	608-355-3238	https://www.co.sauk.wi.us/childsupport	Provides establishment and enforcement of child support, medical support, and paternity of children as functions of the child support program
Sauk County Pro Se Family Law Clinic (Clerk of Courts Office) 510 Broadway Baraboo, WI 53913	608-355-3246	http://www.co.sauk.wi.us/circuitcourts/family-court-commissioner	Free help (not legal advice) in family law matters (divorce, child support, custody/placement) to non-represented persons.
Sauk County Victim Witness Program Sauk County District Attorney's Office	608-355-4357 or 608-355-4356	https://www.co.sauk.wi.us/victimwitness	Provides information and support to victims and witnesses of crimes
Wisconsin Guardianship Support Center	855-409-9410	http://www.gwaar.org/guardianship-resources	Provides information and assistance on issues related to adult guardianship, protective placement, advance directives and more Font is adjustable on the site
UW Law School Consumer Law Clinic	608-263-6283	https://law.wisc.edu/eji/clc	Wage garnishment relief project

MEDICAL HELP

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Good Neighbor Clinic 95 Lincoln Avenue Prairie du Sac, WI 53578	608-643-4749	http://www.goodneighborclinic.org	Primary clinic that provides care for non-emergency medical conditions. Serves those with no or high fee medical insurance Site available in multiple languages Interpreter available during visit
	Planned Parenthood-Portage Health Center	608-742-1551	https://www.plannedparenthood.org/	Family planning services, including STD testing
	Sauk County Public Health Department West Square Building 505 Broadway Baraboo, WI 53913	608-355-3290	https://www.co.sauk.wi.us/publichealth	Department that provides public health services through health screening, education and outreach
	Sauk County Community Health Care Program	608-355-3290 TDD: (608) 355-4298	https://www.co.sauk.wi.us/publichealth/sauk-county-community-care-program	Provides services to anyone who does not have health or dental insurance and is within income requirements
	Wisconsin Well Woman Program	800-642-7837	https://www.dhs.wisconsin.gov/wwwp	Screening for breast and cervical cancer for women with little or no health insurance

MENTAL HEALTH & COUNSELING SERVICES

Name / Contact Person	Contact Information	Website Information	Additional Information
Apollo Psychological Services 1900 N. Dewey Avenue Reedsburg, WI 53959	608-524-8611		Outpatient behavioral health practice
Aspen Counseling Services 120 Third Street Baraboo, WI 53913	608-742-5020		Outpatient mental health community resource
Bloom Therapy Center 717 South Blvd. Baraboo, WI 53913	608-405-0981	https://www.bloomtherapycenter.com	Individual therapy Telehealth available
Calming Journey Counseling 220 Wis Dells Pkwy, Suite 1, Wisconsin Dells, WI 53965	608-448-6418 or office@calmingjourneys.com	https://calmingjourneys.com	Individual therapy Child/ adolescent therapy Abuse & trauma therapy
Collaborative Journey Counseling, LLC 908 Eighth Street, Suite 2, Baraboo, WI 53913	608-477-1484	www.cjourneywi.com	Individual Psychotherapy Marriage Counseling Family Therapy
Comprehensive Community Service Youth Program (CCS)	608-355-4200	https://www.co.sauk.wi.us/humanservices	Team-based program for youth struggling with mental illness and/or substance use
Credible Mind		https://saukcounty.crediblemind.com	Online platform to provide mental health support
Sauk County Crisis Line	1-800-533-5692 After hours Weekends 608-355-4200 Monday - Friday 8:00 am- 4:30 pm		To seek help in times of mental health crisis: Use the 1-800-533-5692 phone line, 4:30pm–8:00am and on Weekends Use the 608-355-4200 line Monday–Friday, 8:00 am–4: 30 pm
Dr. Vicki Marquardt 629 Broadway Wisconsin Dells, WI 53965	608-253-6700		Cognitive & Behavioral psychologist
Goodman Behavioral Health Clinic 2213 East Main Street Reedsburg, WI 53959	608-768-4545		Outpatient healthcare clinic

Grace Counseling & Family Services 222 N. Walnut Suite A & B Reedsburg, WI 53959	608-562-3976	https://www.gracecounselingfs.com	Individual, couples, and family therapy for children, teens and adults
InnerVisions Counseling 840 Hwy 12 Suite #1 Baraboo, WI 53913	608-477-9858	http://www.innervisionscounseling.com/	Outpatient clinic
Lutheran Social Services 520 South Blvd Baraboo, WI 53913	608-355-4103	https://www.lsswis.org/LSS.htm	A wide range of services for those in need of counseling for social, emotional and/ or financial needs
NAMI (National Alliance on Mental Illness)	608-355-0378 or name.saukco2016@yahoo.com	http://www.namiwisconsin.org/sauk-county/	Multiple locations in Sauk County Site available in Spanish
Pathway to Wellness Community Clinic 560 4th Street Prairie du Sac, WI 53578	608-643-3663	http://www.pathwaytwcc.com/	Regional psychiatric provider comprised of psychologists, therapists and AODA counselors
Pauquette Center for Psychological Services Baraboo, Prairie du Sac, and Reedsburg	608-356-9055	http://www.pauquette.com/	Check website for appropriate area clinic
Redstone Counseling 1000 Hwy 13, Suite 15 Wisconsin Dells, WI, 53965	608-432-6263		Outpatient clinic
Reedsburg Area Medical Center Behavioral Health Department	608-524-8611	https://www.ramchealth.com/services/behavioral-health	Offers therapy/counseling, assessments and testing for adults, adolescents, children and families
Sauk County Human Services 505 Broadway, 4th Floor Baraboo, WI 53913	608-355-4200 or 1-800-533-5692 if on weekend or after hours	https://www.co.sauk.wi.us/humanservices	Provides individual, couple and family therapy. Also provides information and referral to services within the community for those in need
Seasons Counseling 1212 8 th Street Baraboo, WI, 53913	608-448-2497		Outpatient clinic

PARENTING

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Extension Sauk County West Square Building 505 Broadway Baraboo, WI 53913	608-355-3250	https://sauk.extension.wisc.edu/	Provides virtual classes, including co-parenting after divorce
	Renewal Family Resource Center	1-800-344-7543	http://www.renewalunlimited.net/?page_id=87	Serving families by providing opportunities and activities that promote healthy families and safe communities
	National Parent Helpline	1-855-427-2736	https://www.nationalparenthelpline.org/ind-support	Anonymous 24-hour helpline for parents and caregivers. Provides support to help positively address any issue a caregiver faces to empower them, to strengthen their family and build protective factors
	Sauk County Health Department West Square Building 505 Broadway Baraboo, WI 53913	608-355-3290	https://www.co.sauk.wi.us/publichealth	Provides education on infant care, childhood growth and development, parenting, and referrals to other community resources
	Sauk County Human Services West Square Building 505 Broadway Baraboo, WI 53913	608-355-4200	https://www.co.sauk.wi.us/humanservices	Department that supports referrals child abuse, neglect, or assistance contacts. Provides referrals to community supports for low-income families

PREGNANCY RESOURCES

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Pregnancy Resource Center 306 W. Cook Street Portage, WI 53901	1-800-405-4710	http://portagewiprc.com/	Health counselors to help navigate pregnancy to make the right decisions for each individual
	Sauk County Health Department West Square Building 505 Broadway Baraboo, WI 53913	608-355-3290	https://www.co.sauk.wi.us/publichealth/	Free confidential pregnancy testing and programs to prepare for a new arrival, which includes referrals to other resources
	WIC (Women, Infants and Children) Nutrition Program West Square Building 505 Broadway Baraboo, WI 53913	608-355-3290 TDD: (608)355-4298	https://www.co.sauk.wi.us/publichealth/women-infant-children-wic	Supports pregnant, breastfeeding women and children under age 5 with healthy food and nutrition education

PRESCRIPTION MEDICATION ASSISTANCE

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Good Neighbor Clinic 95 Lincoln Avenue Prairie du Sac, WI 53578	608-643-4749	www.goodneighborclinic.org	Provides general medical care, for cash, for non-emergency medical conditions. Translators available during clinic times Site is available in multiple languages. Interpreter on site for visit
	Partnership for Prescription Assistance	1-888-447-2669	https://www.pparx.org/	Patient prescription assistance program for low income and uninsured patients Font size is adaptable. Site is available in Spanish
	Sauk County Public Health Department West Square Building, 505 Broadway Baraboo, WI 53913	608-355-3290	https://www.co.sauk.wi.us/publichealth	Free ways to safely store and dispose of medications
	Good RX		https://www.goodrx.com/	You can download an app. Site is available in Spanish

SCHOOL HEALTH INFORMATION / REFERRALS

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Sauk County Public Health Department West Square Building 505 Broadway Baraboo, WI 53913	608-355-3290	https://www.co.sauk.wi.us/publichealth	Department that provides public health services through health screening, education and outreach
	Baraboo School Nurses	608-355-3944	http://www.baraboo.k12.wi.us/page/school-nurse	School nurses provide minor and emergency care, treat and assess behavioral health concerns, connect student families with community resources and create care plans for students with chronic conditions ESL program and services available on site
	Reedsburg School Nurses	608-524-2016	http://www.rsd.k12.wi.us/district/nursing-health-services.cfm	See above ESL program and services available on site
	River Valley School Nurses	608-588-2554	http://www.rvschools.org/district/rv_nurse.cfm	See above
	Sauk Prairie School Nurses	608-643-5500	https://www.saukprairieschools.org/page/health-and-nursing	See above
	Wisconsin Dells School Nurses	608-253-1461	https://www.sdwd.k12.wi.us/district/pupil-services/health-and-wellness	See above ESL program and services available on site

SEXUAL ASSAULT

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Hope House of South-Central Wisconsin 720 Ash Street Baraboo, WI 53913	608-356-9123	http://www.hopehousescw.org/	Domestic violence shelter and survivor resources center Site available in Spanish

SMOKING CESSATION

	Name / Contact Person	Contact Information	Website Information	Additional Information
	American Indian Quit Line	1-888-7A1-Quit (888-721-7848)	https://quitline.wisc.edu/home/american-indian-program/	Free, culturally tailored support to help Indigenous people age 8+ to quit commercial tobacco
	First Breath	608-251-1675 (weekdays)	https://wwhf.org/firstbreath/participant	Smoking cessation support during and after pregnancy, ages 18+
	Nicotine Anonymous	1-877-879-6422	https://nicotine-anonymous.org/find-a-meeting.html	12-step fellowship of people helping each other live nicotine free lives. Call or see website for meeting times and locations Site is available in multiple languages
	Sauk County Tobacco Free Coalition	608-355-3290	https://www.co.sauk.wi.us/publichealth	Partnership for prevention addressing three types of dangerous drug use in the community
	Wisconsin Tobacco Quit Line	1-800-QUIT NOW Relay: 711 Text READY to 34191	http://ctri.wisc.edu/quitline.htm	Free service to help people quit smoking, vaping or other tobacco use. Service is free and available 24/7 Site available in Spanish
	Spanish Tobacco Quit Line	1-855-DÉJELO-YA 1-855-335-3569		People who speak Spanish and want to quit smoking can call the Spanish-language quit line

SOCIAL SECURITY

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Social Security	800-772-1213	https://www.ssa.gov/	Federal government program that assigns social security numbers and administers retirement, survivors and disability insurance

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	Name / Contact Person	Contact Information	Website Information	Additional Information
	Baraboo 100 South Blvd Baraboo, WI 53913	608-356-4649	https://svdpbaraboo.org	Organization that both receives and provides charitable services to the community. Thrift store and services for those in need such as free medical loan closet and limited emergency assistance
	Reedsburg 675 S Albert Avenue Reedsburg, WI 53959	608-524-7714	https://svdpreeksburg.org	See above
	Sauk Prairie 815 19th Street Prairie du Sac, WI 53578	608-643-8905	https://stvdpsaukprairie.com	See above
	Wisconsin Dells W15210 WI 16 Wisconsin Dells, WI 53965	608-254-4011	https://svdpwisdells.org	See above

SUICIDE PREVENTION RESOURCES

	Name / Contact Person	Contact Information	Website Information	Additional Information
	National Hopeline Network	1-800-442-HOPE (1-800-442-4673)	https://suicidepreventionlifeline.org/	Provides support with trained counselors through this national hotline to prevent suicide
	National Suicide Prevention Lifeline	1-800-273-8255 or 1-800-442-4672	https://suicidepreventionlifeline.org/	Provides 24/7 free and confidential support for people in distress
	Sauk County Crisis Line	1-800-533-5692 After hours Weekends 608-355-4200 Monday - Friday 8:00 am- 4:30 pm		To seek help in times of mental health crisis Use the 1-800 phone line from 4:30 pm – 8:00 am and on Weekends Use the 608-355-4200 line from Monday – Friday, 8:00 am – 4: 30 pm
	IMAlive		https://www.imalive.org/	Online chat helpline, with trained and certified volunteers, to help people in distress, in a crisis or considering suicide
	Text “HOPELINE” to 741741	741741		Free emotional support service providing hope, help, and support when its needed

TRANSPORTATION

	Name / Contact Person	Contact Information	Website Information	Additional Information
	Amtrak	1-800-872-7245	https://www.amtrak.com/home	National railroad passenger service that provides medium and long-distance inner-city rail services throughout the US to 9 cities and Canada
	Baraboo Transit Monday – Friday 5:00 am – Midnight	608-356-8300	https://www.abbyvans.com/baraboo-transit/	Local shared ride service via Abby Vans
	Jefferson Lines M & R Travel Mart 617 West Pine Street Baraboo, WI 53913	1-800-451-5333	https://www.jeffersonlines.com/	National bus line that operates regional intercity routes. Pick up location in Baraboo
	MTM Transportation	866-907-1493	http://www.mtm-inc.net/	Non-emergency medical transportation for Medicaid and BadgerCare Plus healthcare appointments. Rides can be schedule 7am to 6pm within 2 business days in advance of the appointment
	Reedsburg Cab Service	608-524-1144	https://runninginc.net/RunningIncCity?Name=Reedsburg	Public transportation, shared ride provider
	Sauk County Aging and Disability Resource Center	608-355-3289	https://www.co.sauk.wi.us/adrc/transpo rtation-services	Provides resources to individuals age 60 and older and adults with disabilities
	Sauk Prairie Transit	608-644-9616	http://www.prairiedusac.net/transportati on	Public transportation, shared ride provider
	Wheels-2-Work Car Loan Program Central Wisconsin Community Action Council 1000 State Hwy 13 Wisconsin Dells, WI 53965	608-254-8353	http://cwcac.org/programs-services/wheels-2-work-car-loans	Helps income eligible families and individuals with assistance in obtaining an affordable, dependable vehicle
	Wisconsin Dells Taxi	608-253-7433	http://www.dells.com/services/taxi-ride-services/	Public transportation, shared ride provider

UTILITIES

Name / Contact Person	Contact Information	Website Information	Additional Information
Emergency Assistance 414 Broadway St, Suite 201A Baraboo, WI 53913	608-448-3814	http://www.fsc-corp.org/	Provides assistance for heating costs, electric costs and energy crisis situations. Must apply at kiosk
Energy Services for Sauk County 916 8 th Avenue Baraboo, WI, 53913	608-356-8887	http://esiwi.com/	Program to help low income households with one-time heating season costs
Sauk County Human Services	608-355-4200 TDD: 608-355-4298	https://www.co.sauk.wi.us/human-services/economic-support-services www.access.wi.gov	Provides support in applying for income-based benefits, such as energy assistance, FoodShare and unemployment
Wisconsin Home Energy Assistance Program (WHEAP)	1-866-432-8947	http://homeenergyplus.wi.gov/category.asp?linkcatid=239	Energy assistance program during the winter months, for those who qualify as low income. Applications must be made as soon as possible. Do not wait for cold weather. Funds are provided on a first come, first serve basis until depleted
Wisconsin Lifeline & Link Up	608-266-5481	https://psc.wi.gov/Pages/Programs/LifeLineLinkup.aspx	Provides low-income Wisconsin residents affordable access to essential telecommunications by discounting the cost of phone, cell and internet services Wisconsin.gov site

VETERANS

Name / Contact Person	Contact Information	Website Information	Additional Information
Sauk County Veterans Office 505 Broadway Baraboo, WI 53913	608-355-3260	https://www.co.sauk.wi.us/veterans-serviceoffice	Offers education opportunities, rehabilitation services, provides compensation payments for disabilities or death related to military service, home loan guaranties, pensions, burials, health care that includes the services of nursing homes, clinics, and medical centers
Garske's Veteran Services 7633 Ganser Way Suite 104 Madison, WI 53719	608-810-0001	https://vrspecialists.com	Employment & training services for qualified veterans. Also, Homeless Veteran Reintegration Program assists Veterans experiencing homelessness and those at risk of losing their home.
Heat and Housing for Heroes 2817 Fish Hatchery Rd Fitchburg, WI 53713	1-800-891-9276	https://heat4heroes.org	Helps Veterans keep their heat and power on and provides resources for household stability
Madison Vet Center 1291 North Sherman Avenue Madison, WI 53704	608-264-5342 877-927-8387 After regular business hours	https://www.va.gov/madison-vet-center	No cost counseling services for Veterans, service members, and their families. Services include counseling for needs such as depression, PTSD, and sexual trauma