



Breastfeeding Supplies & Pumps

(Brand of pump may vary based upon insurance)

Ballweg Family Pharmacy

Spectra pumps available with provider prescription.

(608) 643-6500

Badgercare/Medicaid Pumps:

Order form:

https://www.co.sauk.wi.us/sites/default/files/file_attachments/health/page/123987/breast_pump_order_form-2.pdf

SSM Health

Reedsburg office: 608-524-8440

Baraboo office: 608-356-6475

Fax: 1-866-553-0824

NEB Medical Services

1-414-258-9504; Fax: 1-800-357-9185

Email: sarao@nebmedical.com

Web: nebmedical.com

Online:

Milk Moms

www.milkmoms.com

Aeroflow

www.aeroflowbreastpumps.com

Byram Healthcare

www.byramhealthcare.com

Online Resources

La Leche League International

- www.llli.org
- Madison chapter:
<https://lllmadison.wordpress.com/>

Work and Pump

- Back to work basics, boosting milk supply, topics A-Z
- www.workandpump.com

Mother's Milk Bank of the Western Great Lakes

- Donate or receive donated breast milk for babies in need
- www.milkbankwgl.org

Stanford Medicine Newborn Nursery

- Video clips and resource listing
- www.med.stanford.edu/newborns

KellyMom

- Breastfeeding information, common concerns, message boards/forums
- www.kellymom.com

Breastfeeding Made Simple

- Common concerns, benefits of breastfeeding, video clips
- www.breastfeedingmadesimple.com

Low Milk Supply

- Support for mothers experiencing low milk production
- www.lowmilksupply.org

Online Resource Guide

- Search "Your Guide to Breastfeeding"
- www.womenshealth.gov

Dr. Jen 4 Kids

- <http://www.drjen4kids.com/>

Drugs and Lactation Database (LactMED)

- <https://www.ncbi.nlm.nih.gov/books/BK501922/>

BREASTFEEDING & PUMPING RESOURCES

Sauk County
Breastfeeding
Coalition



Funded in part by the MCH Title V Services Block Grant, Maternal and Child Health Bureau, Health Resources & Services Administration, and the US Department of Health & Human Services

Local- Public Health

Sauk County

Women, Infant, and Children (WIC):

Lactation Consults with an IBCLC, CLC, or Peer Counselor. 608-355-4320

Nurse Family Partnership (NFP) and Prenatal Care Coordination (PNCC):

In-home nurse visiting. Call/text: 608-963-6115
<https://www.co.sauk.wi.us/publichealth/nurse-family-partnership>

Ho-Chunk House of Wellness

- Lactation appointments in-person or by telephone with a CLC.
- Prenatal education.
- Prenatal appointments for tribal members or Nation employees.
- Women, Infant, and Children (WIC) services.

Kyla Ripp, CLC, 608-355-1240, ext. 35554

Irina Clendenning, CLC, 608-355-1240, ext. 35620

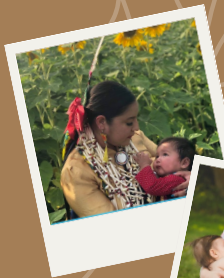
Telephone Support

Infant Risk Center

Questions about medications & breastfeeding
M-F, 8am-5pm CST 806-352-2519

Office of Women's Health-National Breastfeeding Resource Line

Phone lines staffed
8am-5pm,
English and Spanish,
800-994-9662



Support Groups

Parent Support Group

2nd Monday each month, 9:00-10:00 in hospital's Cafe Conference Room

More Information available online:

www.saukprairiehealthcare.org/services/womens-health/birth-center-and-obstetrics/

Reedsburg Area Medical Center Post-partum 4th Trimester Support Group

Call the RAMC Birth Center at 608-768-6251 for more information



SSM-St. Clare Hospital Mom's Group

First Monday of the month, 10:00-11:30 & Third Monday of the month, 4:00-5:30

Located in the Ho-Chunk Meeting Room in the lower level.

Breastfeeding & Prenatal Classes

Sauk Prairie Healthcare-Birth Center

Childbirth and breastfeeding course.

1st three Tuesdays of the month, 5-8PM

Registration available online:

www.saukprairiehealthcare.org/services/womens-health/birth-center-and-obstetrics/

RAMC Childbirth Education & Prenatal Breastfeeding Class

Offered every 3 months, visit website for dates:

<https://www.ramchealth.com/community-health/classes-and-programs/childbirth-education/>; call the Birth Center at (608) 768-6251 for more info & to register.

Local-Hospitals

Sauk Prairie Healthcare-Birth Center

- IBCLC and CLC on staff
- In-person Consultation
- Telephone Triage-608-643-7223

Reedsburg Area Medical Center

- IBCLC and CLC on staff
- In-person Consultation
- Telephone Triage
- Lactation Office: (608) 768-6135
- Birth Center:(608) 768-6251

SSM-St. Clare Hospital Family Birth Suites

- IBCLC on staff (608) 356-1520
- julie.cushley@ssmhealth.com

Milk Depot

RAMC Milk Depot

If interested in donating through Milk Bank WGL visit www.milkbankwgl.org or call 847-262-5134. The Milk Bank guides donors through the process of milk donation. Approved donors must bring their donor ID number given by the Milk Bank when bringing their donation. Donations are accepted by appt, call: 608-768-6251.

