



She saves lives.
So does the nurse.

Tammy Hosch, donor
Monique Rader, RN
Froedtert Hospital

Save the Day. Donate blood.



BLOODCENTER
of WISCONSIN™

Sauk County Health Care Center Blood Drive

In the Multi-Purpose Room

Friday, April 8, 2016
8:00 am to 12:00 pm

Sign up at www.bcw.edu/sauk or call Pearl at 608-524-7504.

Open to the public. Refreshments provided.

To donate blood, you must:

- Be in good health
- Weigh at least 110 lbs.
- Have a photo I.D. with your birth date.
- Be at least 17 years old (16 years old with parental consent), no upper age limit

All donors should feel in good health on the day of donation.

There are some reasons why you may not be able to donate.

Please be prepared to share your list of prescription medications, discuss your medical history and travel outside of the United States.

bcw.edu/blood



Please bring a photo ID
with your birth date.